

PATRICIA E. LESTER, M.D.

PERSONAL HISTORY:

UCLA Semel Institute for Neuroscience and Human Behavior
Division of Population Behavioral Health
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EDUCATION:

1978-1982 B.A. with honors in American Literature, Middlebury College
1983-1985 M.A.in English Literature and Creative Writing, Syracuse University
1989-1993 M.D. with Thesis, University of California School of Medicine, San Francisco
1993-1997 Resident in Psychiatry, University of California, San Francisco
1998-2000 Fellow in Child and Adolescent Psychiatry, University of California, Los Angeles

LICENSURE: California Medical Board G080402

BOARD CERTIFICATION:

2001- Diplomate, American Board of Psychiatry and Neurology: Child Psychiatry

PROFESSIONAL EXPERIENCE:

Present Positions:

2008- Director, FOCUS Program for Military Families for Department of Defense
2011- Jane and Mark Nathanson Endowed Professor of Psychiatry
2011- Director, Nathanson Family Resilience Center
2011- Medical Director, Child & Family STAR (Stress, Trauma & Resilience) Clinic
2015- Professor in Residence
2015- Director, Division of Population Behavioral Health
2015- Co-Director, CARES Center
2015- Research Medical Director, UCLA Warrior Care Network Operation Mend Intensive Treatment Program.
2017- Faculty Director, UCLA-Veterans Affairs Greater Los Angeles Healthcare System Veteran Family Wellness Center
2017- Leadership Team, UCLA Pritzker Center for Strengthening Children and Families
2018-20 Co-Director, DMH+UCLA Prevention Center of Excellence
2020 Director, DMH+UCLA Public Partnership for Wellbeing

Previous Positions Held:

1982-1983	Journalism Intern, Afterimage, Rochester, NY
1986-1989	College English & Literacy Skills Instructor: Rochester Institute of Technology
1988-1989	Research Assistant, University of Rochester School of Medicine, NY
1995-1997	Psychiatric Consultant Walden House Adolescent Residential Services, San Francisco, CA
1998-2000	Fellow in Child & Adolescent Psychiatry, University of California, Los Angeles: Neuropsychiatric Institute
2000	Psychiatric Consultant, Child and Family Guidance Clinic, San Fernando, CA
2000-2006	Research Specialist, UCLA Center for Community Health, Neuropsychiatric Institute
2001-2002	Medical Director of Child and Adolescent Comprehensive Assessment Clinic, Division of Child Psychiatry, UCLA
2001-2004	Co-Director of Family Based Intervention Working Group for SAMSHA National Network for Child Traumatic Stress
2002-2011	Director, Child and Family Trauma Psychiatry Service; Division of Child Psychiatry, UCLA Semel Institute.
2002-2009	Course Director: Child Development, Division of Child Psychiatry, UCLA
2004-2006	Assistant Research Psychiatrist, UCLA Semel Institute
2006-2010	Assistant Professor-in-Residence, UCLA Semel Institute.
2008-2012	Psychiatry Clerkship Chair, David Geffen School of Medicine
2010-2015	Associate Professor-in-Residence, UCLA Semel Institute
2011-2017	Co-Director, Welcome Back Veteran's UCLA Family Resilience Center

PROFESSIONAL ACTIVITIES:

1996-1997	Langley Porter Psychiatric Institute Leadership and Systems Training Committees: Resident representative
1998-1999-2000	American Academy of Child and Adolescent Psychiatry UCLA Department of Child Psychiatry Curriculum and Residency Training Committees
1999-2005	Committee on the Physically Ill Child: American Academy of Child and Adolescent Psychiatry
1999-2012	Committee on HIV/AIDS: American Academy of Child and Adolescent Psychiatry
1999-2000	UCLA Chief Fellow in Child Psychiatry
2001-2005	Group for Advancement of Psychiatry: Member of Committee on Adolescence
2001-2004	Consultant: Family Interventions Unit: UCLA-Duke University National Center for Child Traumatic Stress
2006-2007	Consultant: United States Marine Corps Combat Operation Stress Control Program: Children, Families and Deployment

2007-2010 Expert Advisor: Zero to Three Coming Together Around Military Families Trauma, Loss and Deployment and Young Children

2008-2009 Workgroup on Combat Injured and Families: Uniformed Service University Center for Traumatic Stress Studies.

2008-2009 Subject Matter Expert. Post Deployment Chaplain Training 2009: “The Family Dynamic” Multidisciplinary multi-site training developed for Bureau of Navy Medicine and Navy Chaplains.

2009- Advisory Council Member: Military Family Research Institute, Purdue University

2009-2012 National Military Family Association Family Retreat Consultation

2010- Advisory Board: Millennium Cohort Family Study

2010- Committee on Military Child Issues: American Academy of Child and Adolescent Psychiatry

2011-2016 UCLA Health Services Operation Mend Executive and Clinical Boards

2011-2012 Advisory Board Member, Zero to Three Research and Resilience in Military Families

2011-2012 Medical Student Clerkship Chairs Committee

2011-2013 California National Guard Consultation

2011-2014 National Advisory Board Member: USC Building Capacity for Military-Connected Schools

2011-2014 Advisory Board Member: Working Wardrobes VetNet Program

2012-2014 UCLA Health Services Innovation Leadership Council

2012-2013 Chair-Hoc Promotion Committees

2012 Advisory Board Member: National Research Summit on Reserve Component Military Families, University of Michigan

2012 Los Angeles County Dept of Mental Health Consultation

2012-2014 Semel Institute Nexus Vision Committee

2012-2014 Semel Institute Center Directors Committee

2012- Military Child Education Coalition (MCEC), California Public Engagement Steering Committee Member

2012-2013 Chair, Ad hoc Committee for Academic Advancement

2013-2014 Institute of Medicine Committee Member: Returning Home from Iraq and Afghanistan and Preventing Psychological Disorders in Service Members and Their Families. Report Released Feb, 2014.

2014-2016 UCLA Behavioral Health Center of Excellence

2014-2016 VA Family Center Planning Committee

2014-2016 Sesame Street Advisor: Early Child Development and Military Families

2014- Semel Steering Committee

2014-2016 Resilience for Pediatric Residents Curriculum Planning Committee

2015-2016 Health Systems and Workforce Development Consultant, The Wonderful Company, Los Angeles, CA

2015- PsychArmor Child Education Committee

2015- Division Directors Committee, Department of Psychiatry

2016-18 Academic Advancement & Appointments Committee, Department of Psychiatry, UCLA Semel Institute for Neuroscience and Human Behavior

- 2016-17 UCLA Robert Wood Johnson Foundation Research Advisory Committee Member
- 2016-17 UCLA Health Depression Care Screening Committee
- 2016-18 UCLA Faculty Practice Group Quality Improvement
- 2016-18 Clinical Care Redesign Leadership Committee, Department of Psychiatry
- 2016-17 UCLA Health Mental Wellness Workgroup
- 2017- UCLA Population Health Committee
- 2017 Subject Matter Expert: Creative Forces Clinical Research Summit, NEA Military Healing Arts Network.
- 2018 Faculty Advisory Board, The Friends of the Semel Institute for Neuroscience and Human Behavior

PROFESSIONAL CERTIFICATION:

- 2015-2016 UCLA Health Leadership Academy

JOURNAL REVIEWER:

- 2001-2002 Journal of Developmental and Behavioral Pediatrics
- 2002-2008 Archives of Pediatrics and Adolescent Medicine
- 2003-2004 Psychosomatics
- 2003-2005 Journal of Child Psychology and Psychiatry
- 2010- American Journal of Public Health
- 2010- Pediatrics
- 2011- Child Development Perspectives
- 2012- Family Process
- 2013- The Lancet
- 2013- Clinical Child and Family Psychology Review
- 2015- Journal of Military Behavioral Research (Editorial Board)

OTHER PROFESSIONAL ACTIVITIES:

Professional Activities- Program Development and Leadership

- 2012- **Nathanson Family Resilience Center (nfrc.ucla.edu).** Under my directorship, the NFRC has expanded in mission and scope of research, educational and service initiatives designed to advance family-centered preventive interventions for children, youth and families facing adversity, with a focus on military-connected children and families. The NFRC is nationally recognized for family resilience research, as well as professional training.

- 2015- **Division of Population Behavioral Health (dpbh.ucla.edu).** Led the development of the UCLA Division of Population Behavioral Health with a multidisciplinary faculty team. The DPBH has been designed to enhance the mental and physical well-being of individuals and families through the promotion of behavioral health, research, and education strategically integrated into health care, home, and community settings. The division currently provides active leadership to a range of integrated behavioral health care quality improvement, training and research

- initiatives leading the implementation (design, screening, quality monitoring) of an integrated behavioral health screening, prevention and quality improvement process for UCLA Health and LAUSD School District School Mental Health.
- 2015- **The UCLA Child Anxiety Resilience Education and Support (CARES) Center (carescenter.ucla.edu).** Supported the launch of an endowed UCLA Semel center dedicated to reducing the impact of childhood anxiety and supporting the development of resilient, emotionally healthy children. Co-led the conceptualization and design of the new Center, and currently co-lead the training, research, and community partnerships to translate evidence based practices to support clinicians, researchers, school staff, and parents recognize the early signs of childhood. The UCLA CARES Center approach is multifaceted, and focuses on five specific areas: (1) Education and Prevention, (2) Training (3) Innovation (4) Research, and (5) Public Awareness and Advocacy. (Director: John Piacentini).
- 2016- **UCLA-VAGLAHS Veteran Family Wellness Center (vfwc.ucla.edu).** Led the partnership with UCLA Campus, community veteran groups and Greater Los Angeles VA to develop a vision and design for a veteran family wellness center as a unique facility that meets the unique health needs of veterans, and serves as a national model of integrated, family-centered social services, education, prevention and support for returning warriors and their families. Multidisciplinary services are implemented using the NFRC family-centered framework, and leverage the unique educational, recreational, health and behavioral health resources across the UCLA Health system and campus. The program will also utilize an in-home Tele-Prevention platform developed by my team through prior research support. The new center has received a 10 year funding commitment from UCLA. The program launched June 2017.
- 2016- **UCLA Pritzker Center for Strengthening Children and Families (pritzkercenter.ucla.edu).** Helped to develop and design a new endowed UCLA trans-disciplinary center dedicated to improving the lives of children at risk for or who have entered the child welfare system.
- 2018-20 **UCLA Los Angeles County Department of Mental Health Prevention Training Center of Excellence.** Led the launch of a new partnered training center to support trauma and resilience informed prevention practices and systems of care within Los Angeles County.

Other Creative Implementation Research Activities- Technology Based Platforms

- 2012- **FOCUS World intervention and evaluations (www.focusworld.org):** Developed and evaluated an interactive, online educational gaming platform to support child and family resilience through learning and practicing cognitive behavioral skills for military connected families to support international delivery of FOCUS program.
- 2013- **FOCUS On the Go!:** Developed and evaluated an educational gaming mobile app to support psychological resilience and positive parenting in families facing adversity.

- The FOCUS resilience intervention is translated to an interactive gaming platform to practice child and family level skills, such as identifying emotions, solving problems, and communication. The platform also includes an educational section for parents including interactive activities, educational materials and videos, as well as a self-assessment tool with feedback for parents.
- 2015- **FOCUS on Foster Families (FOFF):** Developed, implemented and evaluated of educational gaming app to support foster youth and their caregivers. The platform includes individual youth, caregiver and provider interviews that provide narrative reflection on the experience of foster care. Additionally the app provides a range of interactive tools, animated games and resources to help youth and families improve their skills related to communication, emotional regulation, problem solving, and goal setting.
- 2016- **FOCUS On Foster Families web platform:** Adapted and piloted of FOFF mobile platform indicated need for access via a web platform, as well as a curricular guide for providers engaged with new resource parents in English and Spanish. The mobile phone platform was adapted, launched and evaluated as an on-line learning curriculum for foster and resource parents.
- 2015- **“Connectd”:** Developed in research partnership with small business, this platform uses a family-centered framework to collect data (passive monitoring and active survey tools) from patients and their caregivers, using artificial intelligence to monitor and personalize support tools designed to enhance well-being and reduce distress. Connectd is currently in a phase 2 randomized trial through STTR funding for veterans with PTSD. Also being adapted and evaluated as a self-care tool health care professionals at UCLA in partnership with the UCLA Health Mental Wellness Program.
- 2014- **UCLA Behavioral Health Check-up: (Patient Assessment and Clinician Guidance Tool):** Led the development of a cloud based platform to facilitate behavioral health research and clinical assessment/outcomes monitoring for continuous quality improvement using psychometrically validated behavioral health measures. This platform includes empirically supported guidance to optimally inform patients’ treatment plans. The BHC also increases patients’ engagement in their behavioral healthcare by providing them a summary of their assessment scores and psychoeducation through individually-tailored patient handouts. In addition to supporting community based research interventions, this platform has been integrated into the care pathway for UCLA Behavioral Health Associates and Behavioral Health Network patients, and is currently being expanded through the UCLA Department of Psychiatry, and UCLA primary care. Currently, the BHC has been fully integrated into the electronic health record in order to be adopted by UCLA Health System to improve depression screening and outcomes monitoring within the system’s 320,000-member primary care population.
- 2015- **Los Angeles Unified Wellness Check-up and Care management system:**

I have led the adaptation of the cloud based platform to support a population health approach to the delivery of integrated, trauma, informed behavioral health prevention and care within LAUSD School Mental Health. Using a community partnered approach, this platform has been customized to support behavioral health outreach, prevention and treatment for students and was initially piloted at 300 public schools in Los Angeles, with scaled implementation planned for 2017-2018.

HONORS AND AWARDS:

- 1991 American Federation for Clinical Research Medical Student Award
- 1992 Alpha Omega Alpha National Medical Honor Society Member
- 1994 Julius R. Krevans Award for Clinical Excellence in Psychiatry
- 1995-1997 Ginsburg Fellowship for Psychiatric Residents: The Group for Advancement of Psychiatry
- 1997 Laughlin Fellowship for Psychiatric Residents: The American College of Psychiatrists
- 1997 Edwin F. Alston Resident Graduation Award for Psychiatric Practice
- 1997 Langley Porter Psychiatric Institute (LPPI): The Graduate Award for Creative Achievement
- 1999-2000 Child PRITE Fellow: The American College of Psychiatrists
- 2001 Denny Cantwell American Academy of Child and Adolescent Psychiatry Conference Award
- 2002 Society for Developmental & Behavioral Pediatrics Young Investigator Award
- 2010 American Academy of Child and Adolescent Psychiatry Norbert and Charlotte Rieger Award for Scientific Achievement
- 2011 Jane and Marc Nathanson Family Endowed Professor of Psychiatry
- 2018 Military Family Research Institute (MFRI) Excellence in Research on Military and Veteran Families, Honorable Mention
- 2018 American Academy of Child and Adolescent Psychiatry Irving Phillips Lifetime Achievement Award in Prevention

RESEARCH GRANTS AND FELLOWSHIPS RECEIVED (IN PROGRESS):

UCLA Foundation 01/1/2017-01/1/2027
 UCLA-Greater Los Angeles Veterans Administration Veteran Family Wellness Center. Design, develop, implement and evaluate family-centered education and wellness programming for veterans and their families integrated within the VA campus as a partnership with UCLA campus.
 Principal Investigator

1R01HD091373-01A1 (MacDermid/Lester) 04/01/2019-03/31/2024
 Effects During Adolescence of Early Childhood Exposure to Parental Wartime Deployment
 The goal of this study is to examine impact of deployment on military connected youth and their families. The study offers NICHD a timely and unique opportunity to address gaps in identified consequences for military children exposed to parental deployment. Although existing studies

have shown that there are meaningful consequences for children of exposure to parental deployments, they also leave several issues unaddressed.

Co-Investigator

HDQMWR-17-C-0010 (Lester)

7/11/2017- 7/10/2021

Office of the Secretary of Defense (OSD)

Families OverComing Under Stress (FOCUS) Project Family Resiliency Training Program-OSD-MC-FP

The goal of this study is to implement and evaluate a suite of family-centered prevention services as a public mental health program. Program includes educational, cognitive behavioral skill building and narrative framework delivered across multiple platforms (school based, family groups, individual families, mobile and web-based) expanded to (38) international military installations.

Principal Investigator

McCormick Foundation

12/8/18-12/31/20

Veteran and Family Peer Navigator Implementation (Lester PI)

Support for the adaptation and implementation of family-centered prevention curricula to peer navigator workforce. The goal of this study is to adapt and evaluate the implementation of a resilience skills training curricula delivered by non-clinical peers to support Veterans and their family members.

Principal Investigator

MH010106:13 DMH-UCLA Prevention Center of Excellence

7/01/18- 6/30/20

Department of Mental Health/ Los Angeles County

Affiliation Agreement (Amendment 13)

Contract to develop a Trauma-informed Prevention Training Center of Excellence in partnership with Los Angeles County Department of Mental Health to support Trauma and Resilience Informed Care for specialized populations

Role: Principal Investigator

Saint John's Health Center Foundation

01/01/2019 – 12/31/2019

The UCLA Veteran Family Wellness Center: Veteran Family TeleWellness- Supporting Transitions and Building Community Capacity

The goal of this study is to provide a range of wellness services, including family and couples' resilience programs, parenting workshops, and quality referrals to mental health care and other services.

Principal Investigator

RESEARCH GRANTS AND FELLOWSHIPS COMPLETED:

AIDS Clinical Research Center Research Grant

1992

Supporting the investigation of HIV testing in pregnant women

Principal Investigator

Pediatric AIDS Foundation Grant Research on Women and HIV Disease Investigator	1992
AIDS Clinical Research Center Research Grant Supporting the investigation of the impact of diagnostic disclosure on HIV infected children Principal Investigator	1996-1998
MH02050-01 NIMH K-23 Career Development Award Support for the investigation of adjustment in adolescents of parents with AIDS Principal Investigator	2000-2005
MH-068194 NIMH R01 Family Intervention for Mothers with HIV and their Adolescent Children Co-Principal Investigator	2003-2008
NICHD-R03 (HD-049451) Collaborative Protocol with Madigan Army Medical Center & Naval Medical Center San Diego Impact of Parental Wartime Deployment on School Age Children This study examines prevalence of social, behavioral, and emotional problems for children affected by a parent's wartime deployment, and examine potential background & mediating factors of child adjustment. Principal Investigator	2005-2008
Contract N00189-08-C-Z009 DOD/Bureau of Navy Medicine and Surgery Project FOCUS; Families OverComing Under Stress (FOCUS) Family Resiliency Training Program for Bureau of Navy Medicine Demonstration Project The goal of this study is to provide support for implementation and evaluation at 20 military installations for United States Marine Corps and United States Navy. Principal Investigator	06/2008-06/2009
Contract N00189-09-C-Z057 DOD/Bureau of Navy Medicine and Surgery Families OverComing Under Stress (FOCUS) Project Family Resiliency Training Program for Bureau of Navy Medicine Demonstration Project The goal of this study is to provide support for implementation and evaluation program at 20 military installations for United States Marine Corps and United States Navy. Principal Investigator	06/2009-07/2010
4104-446-1302 Department of Defense / Purdue University Understanding Effects of Multiple Deployments and Promoting Resiliency in Families and Children of Deployed Service Members.	05/20/2011-09/29/2013

Co- Investigator

20132150 04/01/2013-03/31/2014

Wounded Warrior Project
Telehealth Prevention Grant for Demonstration Project with Wounded Warrior Families.
Principal Investigator

W81XWH-13-C-0158 07/22/2013-02/23/2014

U.S. Army Medical Research Acquisition Activity (USAMRAA)/ Inferlink Corporation
Mobile App STTR Phase 1
Mobile Health Application for Family and Behavioral Health Provider Communication
Co-Principal Investigator

W81XWH-13-P-0426 09/30/2013- 09/29/2015

National Intrepid Center for Excellence (NICoE)
FOCUS FMS Project
Contract to utilize FOCUS Family Psychological Health Screening and Service Monitoring program—program customization of web based screening tool for National Intrepid Center for Excellence.
Principal Investigator

Department of Defense (Cozza, PI) 2009-2015

Congressional Research Mental Health Grant FOCUS-CI: Adaptation of family centered prevention program (FOCUS) for children and families affected by parental combat injury.
Goal: To adapt and test FOCUS intervention on families affected by combat injury.
Consultant

McCormick Foundation (Lester & Glynn) 01/01/2011-01/31/2014

The Welcome Back Veterans Initiative of the McCormick Foundation and Major League Baseball.
Goal: This project supports the creation of the UCLA Veteran Family Resilience Center of Excellence (UVFRC). The primary goal of the UVFRC is to develop, test, and disseminate innovative interventions that decrease the negative effects of deployment for Operation Enduring Freedom/Operation Iraqi Freedom warfighters and their families.

Co-Principal Investigator

Operation Mend-FOCUS 2011-2015

Psychological Health Program
UCLA Foundation Fund to support family-centered psychological health program development and evaluation for Wounded Warriors and Families.
Principal Investigator

Newman's Own Foundation 2013-2015

Community-based adaptation and implementation demonstration project of the FOCUS program for female veterans and their families.
Principal Investigator

LA Trust 2015
Funding support from California Endowment to LAUSD to have UCLA adapt and evaluation the Behavioral Health Check-up and management system to provide tiered assessment and clinical decision making support for LAUSD School Mental Health team.

Pritzker Family Foundation 2013-2015
Adaptation and pilot of FOCUS mobile app for Foster Families for remote delivery.
Principal Investigator

N0018910CZ058 07/2010-01/10/2016
DN Bureau of Medicine and Surgery (BUMED)
Families OverComing Under Stress (FOCUS) Project
Family Resiliency Training Program for Bureau of Navy Medicine Demonstration Project
The goal of this study is to provide support for service demonstration and evaluation program at 20 military installations for United States Marine Corps and United States Navy.
Principal Investigator

McCormick Foundation 02/01/2014-01/31/2016
The Welcome Back Veterans Initiative of the McCormick Foundation and Major League Baseball.
Goal: This project supports the creation of the UCLA Veteran Family Resilience Center of Excellence (UVFRC). The primary goal of the UVFRC is to develop, test, and disseminate innovative interventions that decrease the negative effects of deployment for Operation Enduring Freedom/Operation Iraqi Freedom warfighters and their families.
Co-Principal Investigator

DOD 410444613 (MacDermid, PI) 12/01/2011-11/30/2016
Department of Defense
Understanding effects of multiple deployments and promoting resiliency in families and children of deployed service members.
The goal of this project is to further explore resiliency in military families after multiple deployments
Co-Investigator

UCLA CTSI (Kataoka, PI) 12/2014- 12/2016
Title: Redesigning Depression Detection and Treatment for Low-Income Minority Adolescents in School Health Clinics
Pilot study of two approaches to address adolescent depression, both of which integrate primary care and mental health. One model is a promotion of web-based screening and individual CBT for youth, while the other provides individual youth CBT plus an evidence-based family resiliency intervention (FOCUS) that provides education to families, builds coping skills and relationships, and supports other family members, an intervention that has been extensively disseminated for military families.
Co-Principal Investigator

Pritzker Family Foundation 2016-2017
Adaptation and evaluation of FOCUS on Foster Family app for web based platform with curriculum guide.
Principal Investigator

UCLA Behavioral Health Center of Excellence 7/1/2014- 6/30/2017
(PI Whybrow)
Developed the Division of Population Behavioral Health research initiatives including 1) an iCBT pilot to study an internet based CBT program to address adult anxiety and depression in an integrated behavioral health treatment program, 2) Pilot of a behavioral health screening and educational tool within an integrated care program, 3) Pilot school-based resilience curriculum within Los Angeles Unified School District.

HDQMWR-16-D-0004 1/11/2016-1/10/2017
Office of the Secretary of Defense (OSD)
Families OverComing Under Stress (FOCUS) Project Family Resiliency Training Program-OSD-MC-FP
Developed, implementation and evaluated family-centered resilience program at multiple military installations for military families.

HDQMWR-17-C-0010 1/11/2017-7/10/2017
Office of the Secretary of Defense (OSD)
Developed, implementation and evaluated family-centered resilience program at multiple military installations for military families.

20165090 01/01/2016 –08/31/2017
McCormick Foundation
The Welcome Back Veterans Initiative of the McCormick Foundation and Major League Baseball
Grant to support UCLA Veteran Family Resilience Center of Excellence (UVFRC). The primary goal of the UVFRC is to develop, test, and disseminate innovative interventions that decrease the negative effects of deployment for Operation Enduring Freedom/Operation Iraqi Freedom (OIF/OEF) warfighters and their families.

W81XWH-13-C-0158 05/22/2015-10/21/2017
U.S. Army Medical Research Acquisition Activity (USAMRAA)/ Inferlink Corporation
STIR-Phase II• Mobile Health Application for Family and Behavioral Health Provider Communication
The purpose of the research is to build and deploy an experimental system for better understanding patients affected with PTSD/mTBI. Specifically, the system gathers frequent patient status updates via a mobile application being used by both the patient and his/her family.
Co-Principal Investigator

Department of Defense (Douglas Powell, PI) 2013 - 2018
National Institute of Food and Agriculture

Child Care Curriculum Development.

Provide expertise in early child development within military populations as well as expertise military families in the development of a comprehensive early childhood curriculum to support social emotional development in military preschools.

Consultant

UniHealth Foundation

04/01/2015- 03/31/2018

Grant to support the adaptation and evaluation of FOCUS Psychological Health Services for Women Veterans within partner agencies as a viable and cost-effective national model to advance care and treatment of Women Veterans and their family members. Working closely with two leading organizations in the care of Veterans, US VETS and Volunteers of America Los Angeles to address the needs of Women Veterans and their families as they encounter common challenges related to their military service and possible experiences with trauma.

Principal Investigator

20160855:1

05/01/16 – 04/25/2018

FOCUS-PAC (Alejos, PI)

Integrated Family-Centered Behavioral Health Screening & Preventive Intervention for Pediatric Cardiomyopathy.

The goals of the research project include: 1) pilot the feasibility, acceptability, and accessibility of FOCUS-PAC; and 2) explore the preliminary efficacy of FOCUS-PAC on behavioral health, family functioning, and treatment adherence outcomes for pediatric CM patients and families, compared to TAU condition.

Co-Principal Investigator

20172328

07/01/17 – 06/30/18

One Legacy Foundation (Alejos, PI)

Integrated Family-Centered Behavioral Health Screening and Preventive Intervention for Pediatric Heart Transplant Patients

A pilot trial to assess feasibility, acceptability, and accessibility of the FOCUS-PedsHT intervention, as perceived by a) pediatric heart transplant patients and families, and b) the heart transplant treatment team as well assess the preliminary efficacy of the intervention on: a) pediatric heart transplant patient behavioral health outcomes and medication adherence; b) parent behavioral health outcomes (anxiety, depression, PTSS), family functioning, and perceived patient medication adherence.

Co-Principal Investigator

4104-64057

08/15/14-08/14/18

U.S. Army Medical Research and Material Command/Purdue University

Family Roles and Communication across the Deployment Cycle

Observational longitudinal study to addresses the three “layers” of family functioning, focusing on changes over time in three primary roles of adulthood; partner, parent, and worker. The outcomes of interest are psychological distress (symptoms of depression, PTSD, and alcohol misuse) and the quality of functioning in roles by both partners.

Principal Investigator (UCLA Site)

20172781 01/01/2017- 12/31/2018
Saint John's Health Center Foundation
The UCLA/VA Family Resource and Well-Being Center
Grant to support the development and evaluation of a virtual wellness and prevention for veterans and their families using the FOCUS model for veteran families.
Principal Investigator

1R01HD072324-01A1 06/15/2013-05/31/2019
Promoting Resilience in Veteran families with Young Children
This randomized trial proposes to test the efficacy of FOCUS-EC (Families OverComing Under Stress for Early Childhood), an established strength-based, family-centered preventive intervention that is culturally sensitive and socially accepted by active duty military communities delivered using an in-home tele-prevention platform.
Principal Investigator

DONATIONS AND TRAINING CONTRACTS:

Frederick R. Weisman Philanthropic Foundation 2004-2018
Donation to support family intervention development for children of parents affected by wartime deployment at Camp Pendleton Marine Base.

Georges and Germaine Fusenot Charity Foundation 2010-2018
Donation to support for military family research and program development.

Pritzker Family Foundation 2016-2020
Support for the development of stress, trauma and resilience psychology intern track to focus on youth and families within the child welfare system.

CARES Center (Co-Director) 2015-2025
Child Anxiety Resilience Education and Support Center
Foundation gift pledge over 10 years to support operational support and develop endowment for CARES Center.
Director: Dr. John Piacentini.

DONATIONS AND TRAINING CONTRACTS COMPLETED:

159283 10/21/2011-04/30/2012
DoDEA (Co-PI)
FOCUS School Based Skill Building Group Provider Trainings. Contract with USC School of Social Work Building Capacity in Military Connected Schools. Series of online, in-person trainings, technical support and supervision for Social Work providers to implement group-level FOCUS for military-connected children in Southern California public schools.
Co-Investigator

Foothill Clinics Los Angeles FOCUS Resilience Trainer Training Agreement/Contract. Principal Investigator	2012-2013
NCTSN/SAMSHA National Child Traumatic Stress Network /SAMSHA Category 3 site. FOCUS Resiliency Training for Didi Hirsch Mental Health Center Principal Investigator	2012-2013
VA262-12-P-3309 Department of Veteran Affairs Family Resiliency Training for VA Greater Los Angeles Healthcare System, Pilot Principal Investigator	2012-2013
NCTSN/SAMSHA FOCUS Resiliency Training for Children's Research Triangle (Chicago); Category 3 site. Principal Investigator	2013
DMH, MH10089 Families OverComing Under Stress (FOCUS) Training for LA County DMH Service Providers Principal Investigator	07/07/12-06/30/13
167837 DoDEA (Mogil, PI) FOCUS School Based Skill Building Group Provider Trainings. Contract with USC School of Social Work Building Capacity in Military Connected Schools. Series of online, in-person trainings, technical support and supervision for Social Work providers to implement group-level FOCUS for military-connected children in Southern California public schools. Co-Investigator	09/21/2012-04/30/2013
GBG-UCLA-2013-0001 DOD/DISPO Defense-Graduate Psychology Education program: UCLA training subcontract Star Behavioral Health Program: Implementation of Evidence Based Curriculum for California. Principal Investigator of Subcontract	09/30/13-08/15/15
Prevention Center of Excellence Department of Mental Health/ Los Angeles County Contract to develop a Trauma-informed Prevention Training Center of Excellence in partnership with Los Angeles County Department of Mental Health to support Trauma and Resilience Informed Care for specialized populations. Principal Investigator	07/31/2018- 06/20/2019

LECTURES AND PRESENTATIONS:

- 1991 Partridge JC, Milliken N, **Lester P**, Cooke M. "Ethical dilemmas in human immunodeficiency virus antibody testing: maternal consent, infant care, physician practice." Abstract for Fourth International Conference on Ethics in Medicine in Jerusalem, October.
- 1991 **Lester P**, Partridge JC, Cooke M. "The consequences of postnatal HIV antibody testing on mothers and infants." *Clinical Research* 1991, 39:1:29A. Western Conference for Clinical Research. Carmel, CA.
- 1993 **Lester P**. "Consequences of prenatal HIV testing in women." The Forum on Bioethics. American Public Health Association Meeting, October. San Francisco, CA.
- 1993 **Lester P**, Partridge JC, Cooke M. "Consequences of HIV testing in postnatal women." *Clinical Research*, 1993. Western Conference for Clinical Research, Carmel, CA.
- 1993 **Lester P**, Partridge JC, Cooke M. "Consequences of perinatal HIV testing in women." Poster session and abstract publication. *Clinical Research* 1993, 41:2:291A. American Federation for Clinical Research Conference. Washington, DC.
- 1993 **Lester P**, Partridge JC, Cooke M. "Perinatal HIV testing in women." Poster session and abstract publication. IXth International AIDS Conference on AIDS; IVth STD World Congress, June 7-11. Berlin, Germany.
- 1996 **Lester P**. "Psychological consequences of a positive HIV test in women." Northern California Psychiatric Society Conference. Napa, CA.
- 1997 **Lester P**. "Understanding diagnostic disclosure in families of HIV-infected children." Children's Hospital Oakland, CA.
- 1997 **Lester P**. "The impact of diagnostic disclosure on HIV infected children." Langley Porter Psychiatric Institute Grand Rounds. San Francisco, CA.
- 1997 **Lester P**. "HIV and pregnancy: Ethical and psychosocial issues." Stanford University School of Medicine, Obstetrics Course. Palo Alto, CA.
- 1999 **Lester P**. "The Impact of Diagnostic Disclosure on HIV-Infected Children." University of California AIDS Research Conference. San Diego, CA.
- 1999 **Lester P**, Chesney M, Cooke M, et al. "The impact of diagnostic disclosure on HIV-infected children." Abstract publication. University AIDS Research Conference. San Diego, CA.
- 1999 **Lester P**, Chesney M, Cooke M, et al. "The relationship between HIV disclosure and emotional distress in children." Department of Child and Adolescent Psychiatry Grand Rounds, UCLA. Los Angeles, CA.
- 2001 **Lester P**, Rotheram-Borus MJ, Stuber M, Christ G, Sandler I, Husain SA. "Childhood Bereavement: Impact and interventions." Symposium for American Academy of Child and Adolescent Psychiatry, 48th annual meeting. Honolulu, HI.

- 2002 Rotheram-Borus MJ, **Lester P**, Ward MJ, Hetherington M. “Longitudinal impact of HIV on families.” Symposium for Society for Research in Child Development, Biennial Meeting. Tampa, FL.
- 2003 **Lester P**, Aronson L, Pynoos R, Van Horn P, Zeanah C. “Surviving trauma: Assessment and treatment of families following trauma.” Media theatre presentation for Symposium for American Academy of Child and Adolescent Psychiatry, 50th annual meeting. Miami Beach, FL.
- 2003 **Lester P**, Beardslee W, Pilowsky D, Pynoos R, Rotheram-Borus MJ. “Families affected by illness and trauma: Impact and interventions.” Symposium for American Academy of Child and Adolescent Psychiatry, 50th annual meeting. Miami Beach, FL.
- 2003 **Lester P**. “Coming of Age in the Shadow of Parental Illness and Death: The longitudinal impact of a family based intervention across three generations.” UCLA Division of Child and Adolescent Psychiatry Grand Rounds, June. Los Angeles, CA.
- 2004 **Lester P**, Saltzman W. “Children and Families Affected by Traumatic Stress.” Marine and Family Services Training Program. Camp Pendleton Marine Base, CA.
- 2004 **Lester P**, Rotheram-Borus MJ. “The impact of parental HIV across three generations.” NIMH International research Conference on Role of Families in Prevention and Adapting to HIV/AIDS. Atlanta, GA.
- 2004 **Lester P**. “The impact of trauma on children and families.” California State Conference on Children and the Courts. Los Angeles, CA.
- 2004 **Lester P**, Saltzman W. “A survey of family based interventions for child traumatic stress.” Poster session at National Child Traumatic Stress All Network Conference. San Diego, CA.
- 2005 **Lester P**. “Parental Wartime Deployment: Impact and Interventions.” Child Psychiatry Grand Rounds, University of California, San Diego.
- 2005 **Lester P**, Saltzman W. “Family Based Interventions for Child Traumatic Stress.” Miller’s Children’s Hospital. Long Beach, CA.
- 2005 **Lester P**, Saltzman W. “Facing Traumatic Stress: Wartime Deployment and Military Families.” National Center for PTSD Training Program for Camp Pendleton Marine Base, CA.
- 2006 **Lester P**, Rice E, Rotheram-Borus MJ. “Adapting Evidence Based Interventions for Children and Families Affected by Maternal HIV.” Symposium presentation at American Academy of Child and Adolescent Psychiatry Conference. San Diego, CA.
- 2006 **Lester P**, Saltzman W. “Developing Family based Interventions for Military Families Plenary for National Child Traumatic Stress Network.” All Network Conference, SAMSHA. Chicago, IL.
- 2006 **Lester P**. “Strengthening Military Families: Developing Family Based Intervention to Support Military Families.” Society for Prevention Research Symposium. San Antonio, TX.
- 2006 **Lester P**, Saltzman W. Strengthening Military Families: Developing Family Based Intervention to Support Military Families.” International Society for Traumatic Stress Conference. Hollywood, CA.

- 2007 **Lester P.** “Adapting Family Centered Prevention for Families with Parental HIV: A Global Approach.” Symposium at NIMH Conference on Families and HIV. San Francisco, CA.
- 2007 **Lester P.** Panelist on National Military Family Association Meeting on Military child during wartime. Washington, DC.
- 2007 **Lester P.** “Family centered preventive interventions for medically traumatized children and their families.” American Academy of Child and Adolescent Psychiatry 54th Annual Meeting. Boston, MA.
- 2008 **Lester P.** “Existing and Emerging Research on the Effects of Parental Deployment on Military Children and Adolescents: Establishing a Foundation for Preventive Interventions.” Summit on the Military Children. Sponsored by Madigan Army Medical Center. Tacoma, WA.
- 2008 **Lester P.** “FOCUS Project: Resiliency Training for Military Children and Families.” USMC Officer Spouse Workshop. Quantico, VA.
- 2008 **Lester P.** “Impact of Deployment Stress in Children: Impact and Interventions.” Invited Presentation at Military Family Research Institute and the Center for Deployment Psychology at Purdue University. Indianapolis, IN.
- 2008 **Lester P.** “The Long War: Impact and Interventions for Military Children and Families.” UCLA Division of Child Psychiatry Grand Rounds. Los Angeles, CA.
- 2008 **Lester P.** “FOCUS Project: Implementing a family resiliency training demonstration program for military families.” USMC Combat Operational Stress Control Conference. San Diego, CA.
- 2009 **Lester P.** “FOCUS Project for Military Children.” Invited presentation at “Addressing Substance Abuse and Comorbidities Among Military Personnel, Veterans, and Their Families: A Research Agenda.” Sponsored by National Institute for Health and National Institute for Drug/Alcohol Abuse. Bethesda, MD.
- 2009 **Lester P.** “FOCUS Project for USMC Families.” Officer Spouse Workshop. Headquarters United States Marine Corps. Quantico, VA.
- 2010 **Lester P.** “The Long War: Impact and Interventions for Military Children and Families.” UCLA Semel Institute Grand Rounds. Los Angeles, CA.
- 2010 **Lester P.** “The Long War: Impact on Military Children and Spouses.” Honors Presentation at the American Academy of Child and Adolescent Psychiatry Annual Conference. New York, NY.
- 2010 **Lester P.** “FOCUS Resiliency Training for Military Families.” Symposium Presentation at the American Academy of Child and Adolescent Psychiatry. New York, NY.
- 2010 **Lester P, Feerick M, Huebner A.** “The impact of wartime deployment on children and spouses.” Naval Center Combat & Operational Stress Control Conference. San Diego, CA.
- 2010 **Lester P.** “The Long War and Military Children and Spouses.” Navy Bureau of Medicine and Surgery Navy Family Summit. Washington, DC.

- 2010 **Lester P.** “FOCUS Project Evaluation.” Navy Bureau of Medicine and Surgery Navy Family Summit. Washington, DC.
- 2010 **Lester P.** “Development of Interventions for Military Children and Families: FOCUS Project for Very Young Children.” National Traumatic Stress All Network Meeting. New Orleans, LA.
- 2010 **Lester P.** “FOCUS Project Report from the Field.” Navy Bureau of Medicine and Surgery, Navy Family Summit. Arlington, VA.
- 2010 **Lester P.** “Impact of Parental Wartime Deployment.” Navy Bureau of Medicine and Surgery, Navy Family Summit. Arlington, VA.
- 2010 **Lester P.** “FOCUS Project Strengthening Resiliency in Military Children and Families: Considerations for Children with Special Needs and Their Families.” Military Child Education Coalition Conference on Exceptional Needs Children. Irvine, CA.
- 2010 **Lester P.** “FOCUS Project Building Military Family Resiliency.” Naval Medical Center San Diego, Mental Health Grand Rounds. San Diego, CA.
- 2010 **Lester P, Huebner A, Feerick M.** “FOCUS Data on Challenges of USN & USMC Families—Impact of the Long War on Military Children and At-Home Spouse: Assessment to Guide Intervention.” San Diego, CA.
- 2010 **Lester P.** “Families OverComing Under Stress (FOCUS) Resiliency Training for Military Families during Wartime.” 57th Annual Meeting of the American Academy of Child & Adolescent Psychiatry. New York, NY.
- 2010 **Lester P.** “The Long War and Parental Combat Deployment: Effects on Military Children and Parents.” AACAP Norbert and Charlotte Rieger Award for Scientific Achievement. 57th Annual Meeting of the American Academy of Child & Adolescent Psychiatry. New York, NY.
- 2011 **Lester P.** “Families OverComing Under Stress: Family Resiliency Training for Military and Veteran Families.” Veteran’s Administration Psychiatry Grand Rounds.
- 2011 **Lester P, Mogil C, & Woodward K.** “Building Military Family Resiliency: FOCUS Project.” Workshop presented at the annual DoD/USDA Family Resilience Conference. Chicago, IL.
- 2011 **Lester P.** “Translating Science into Practice: War and Military Families.” Keynote presentation for “Serving Returning Veterans: A Community Response to Trauma II.” Washington State University.
- 2011 **Lester P.** “FOCUS Project: Building Resilience in Military Families.” Workshop presentation for “Serving Returning Veterans: A Community Response to Trauma II.” Washington State University.
- 2011 **Lester P.** “Building Resilience in Military Families: FOCUS Project” Presentation for Workshop on the Scientific Study of the Military Child. Sponsored meeting by Center for Naval Analysis, SAMSHA, NICHD meeting in Washington, DC.
- 2012 **Lester P.** “War and Military Families: Translating Science into Practice.” Center for Innovation and Research Behavioral Health Colloquium, USC School of Social Work. Los Angeles, CA.
- 2012 **Lester P.** “Systemic Approaches to Thinking about Military Families.”

- Center for Innovation and Research Behavioral Health Colloquium, USC School of Social Work. Los Angeles, CA.
- 2012 **Lester P.** “Family Centered Care for Military and Veteran Families.” USC Center for Innovation and Research Conference, San Diego, CA.
- 2012 **Lester P.** “The Impact of Parental Deployment on Adolescents.” Symposium Presentation at Naval Command Combat Operational Stress Control Conference. San Diego, CA.
- 2012 **Lester P.** “FOCUS Project: Impact on Children and Families” Symposium on Effective Programs. Center for Naval Analysis, SAMSHA, NICHD meeting in Washington, DC.
- 2012 **Lester P.** “Evaluation of a Family-Centered Program for Military Children and Families Facing Wartime Deployment.” Symposium Presentation for American Psychological Association Convention 2012. Orlando, FL.
- 2012 **Lester P.** “The Impact of Parental Deployment on Adolescents.” Symposium Presentation at Naval Command Combat Operational Stress Control Conference. San Diego, CA.
- 2012 **Lester P.** “Reintegration Challenges: From War Zone to Homefront.” Presentation at Battlemind to Home III Conference: Military Family Research Institute, Purdue University.
- 2012 **Lester P.** “Implementation of a Family-Centered Preventive Intervention for Military Families” in a Symposium “Family Preventive Interventions: Supporting Child Health through Adversity.” American Academy of Child and Adolescent Psychiatry 59th Meeting. San Francisco, CA
- 2012 **Lester P,** & Flake E. "Parental Wartime Deployment and Military Connected Children." Conference Presentation at "The Future of Children: Military Children and Families." Princeton University, New Jersey.
- 2013 **Lester P,** Green S, Nurius P, Milburn N. “Wartime Military Service: Challenges for Family Reintegration-Post Traumatic Stress Symptoms in Military Spouses: Considerations for Family Reintegration.” Symposium presentation for “Beyond the Emotional Cycle of Deployment: Deeper Understanding of Family Reintegration.” American Psychological Association Convention. 2013, Honolulu, HI.
- 2013 Sornborger J, Glynn S, & **Lester P.** “Implementing a Resilience-Enhancing Parenting Intervention within the Veteran’s Administration: FOCUS for Veteran Parents Training.” Symposium presentation for “Innovations in VA Family Services—Meeting the Diverse Needs of Veterans and Their Loved Ones.” American Psychological Association Convention. 2013, Honolulu, HI.
- 2013 **Lester P,** & Saltzman W. “Enhancing Resilience and Mitigating Stress in Military Connected Couples: FOCUS Resiliency Training.” Symposium presentation for “Innovative Approaches to Building Resilience in Military Families.” American Psychological Association Convention. 2013, Honolulu, HI.
- 2013 **Lester P.** “Impact of a Family-Centered Preventive Intervention on Military Children.” Symposium presentation for “Presidential Program—

- Promoting the Resilience of Military Children and Families Through Effective Programs.” American Psychological Association Convention. 2013, Honolulu, HI.
- 2013 **Lester P.** "Parental Wartime Deployment and Military Connected Children." Presentation at "Military Child Education Coalition National Training Institute. Washington DC.
- 2013 **Lester P.** “The Impact of PTSD on the Family.” Grand Rounds, UCLA Semel Institute, Los Angeles CA. October 13.
- 2013 **Lester P.** Problems Facing Military Families in Transition: Learning from the Science of Stressors. Forum on Health and National Security: Military Families in Transitions: Stress, Resilience and Well Being. Center for Traumatic Stress Studies. Bethesda, Maryland. September 17.
- 2013 **Lester P.** Keynote Address: “When a Service Member Comes Home from War: *Promoting Resilience and Recovery Across Systems of Care,*” Penn State University Department of Family Studies Clearinghouse for Military Family Readiness.
- 2013 **Lester P.** Keynote Address: “Impact of PTSD and TBI on Families and Children.” Chadwick Center Colloquium, San Diego CA.
- 2014 **Lester P.** “Supporting Military Families when a Veteran Returns Home.” Grand Rounds, Department of Psychiatry, Harbor-UCLA, March 12, 2014.
- 2014 **Lester P.** “Translating Prevention Science into Practice: FOCUS Project” American Psychiatric Association Conference, May 2014.
- 2014 **Lester P.** “What Do We Really Know About Military Kids?” American Academy of Pediatrics National Conference. October, 2014. San Diego, CA.
- 2014 **Lester P.** “Implementation of Family Centered Prevention for Military Families,” Oxford College, UK, November 2014.
- 2015 **Lester P,** Milburn N. “Enhancing Resilience and Recovery for Veterans and their Families through Integrated Family-Centered Behavioral Health Care.” Invited presentation to RUSH University. Chicago, IL. March 2015.
- 2015 **Lester P.** “UCLA Welcome Back Veterans Family Resilience Center: Innovations in Family Centered Behavioral Health Care for Veterans” Presentation for American Psychiatric Association. Toronto, ON. 2015
- 2015 **Lester P.** “How Primary Care Settings Can Normalize Psychiatric Issues and Help Connect Patients to Care” Workshop Presentation for American Psychiatric Association. Toronto, ON. 2015.
- 2015 **Lester P.** “Integration of Family-Centered Behavioral Health Care for Medically Ill Children and Their Families.” In 62nd Annual Meeting. AACAP, 2015.
- 2015 **Lester P.** “When a Parent Comes Home From War: Enhancing Resilience and Recovery for Veterans and Their Families.” In 62nd Annual Meeting. AACAP. October 2015.
- 2015 Jeffrey, J, Sinclair, M, Linonis, R, Grossman, M, Forgey, M, Hsiao, T, Chiu, W, **Lester P.** “Adoption of Web-Based Behavioral Health

- Assessment Platform Child and Adolescent Psychiatry Annual Meeting, San Antonio, Texas, October 2015.
- 2015 Sinclair, M, Aralis, H, Liang, L, Semaan, A, Linonis, R, Mogil, C, Klosinski, L, Jeffrey, J, Milburn, N, **Lester P.** "Implementation of an electronic data collection and management system for a family-centered preventive intervention." American Public Health Association Annual Meeting, Chicago, Illinois, October 2015.
- 2016 **Lester P.** "Enhancing Resilience and Recovery for Veterans and their Families through Integrated Family-Centered Behavioral Health Care." CME Talk for Child & Adolescent Psychiatric Society of Greater Washington. Washington D.C. January 2016.
- 2016 Garcia E, Wijesekera K, **Lester P.** "Integrating Family-Centered Prevention into Pediatric Medical Care Settings". An oral presentation at the National Latina/o Psychological Association (NPLA) Conference, Orlando, FL, 2016.
- 2016 Wijesekera K, Bursch B, **Lester P.** "FOCUS for Pediatrics: A Trauma-Informed, Family-Centered, Resilience Enhancing Intervention". Poster presentation for the 2016 Society of Pediatric Psychology Annual Conference. Atlanta, GA. April 2016.
- 2016 **Lester P.** Greenblatt Memorial Lecture, "Enhancing Resilience within Children and Families Facing Adversity: Integrating a Continuum of Behavioral Health Care within Systems of Care" to UCLA Semel Institute Psychiatry Grand Rounds, Los Angeles, CA, May 24, 2016.
- 2016 **Lester P.** "Service the Patient, Serve the Business: Providers Using CRM to Drive Engagement." Presentation to Dreamforce 2016 Conference, San Francisco, CA. October 2016.
- 2016 Mogil C, **Lester P.**, & Randhawa JK. "My Family and Me and Posttraumatic Stress Disorder: Applications of Evidence-Based Models to the Treatment of Military and Civilian Families with Young Children." Clinical Perspectives presented at the American Academy of Child & Adolescent Psychiatry, New York, NY. October 2016.
- 2016 **Lester P.** "What We Can Learn from Military Children and Families: Promoting Resiliency and Protecting Child Development." Panel Presentation at National Academy of Science. Washington D.C. October 2016.
- 2016 Jeffrey J, Grossman M, **Lester P.** "UCLA Health: Implementing an Integrated Behavioral Health Model", Presented to Center for Medicare and Medicaid Services, San Diego, CA, June 17, 2016.
- 2016 Jeffrey J, Grossman M, **Lester P.** "UCLA Health: Implementing an Integrated Behavioral Health Model", Presentation to Vizient Clinical Connections Summit and Innovative Technology Exchange, Dallas, TX, September 29, 2016.
- 2016 **Lester P.** Moderator, Operation Educate the Educators: Sharing Successes and Setting Sights for the Future. The White House/ Joining Forces, Military Child Education Coalition and USC, 2016.

- 2017 **Lester P.** Subject Matter Expert: Creative Forces Clinical Research Summit, NEA Military Healing Arts Network, 2016.
- 2017 **Lester P.** “Early Adversity in Childhood: Impact and Interventions for Addressing Childhood Trauma.” Conference Keynote at the 10th Kasr Al Ainy Annual International Psychiatry Congress. Cairo, Egypt. February 2017.
- 2017 **Lester P.** “Translating Research into Practice: A Program to Build Resilience in Children and Families.” Workshop presented to the 10th Kasr Al Ainy Annual International Psychiatry Congress. Cairo, Egypt. February 2017.
- 2017 Christian-Brandt AS, Wijesekera K, **Lester P.** “Building Resiliency in Families of Children with Medical Illness/Injury: A Case Example of the Families OverComing Under Stress (FOCUS) Model.” Poster presentation at Society of Pediatric Psychology Annual Convention. Portland, Oregon. March 2017.
- 2017 Kataoka S, **Lester P.**, Escudero P. “A public health approach in schools to addressing child mental health disparities.” Panel Presentation at the *Way Forward: Advancing Mental Health Equity in California*. Center of Excellence Disparity Conference. UCLA, Los Angeles, CA. March 2017.
- 2017 Kiff C, Hajal NJ, Aralis H, Barrera W, Liang L, Mogil C, Paley B, Milburn N, & **Lester P.** “Preschooler Adjustment in US Military Families: The Impact of Familial Adversity and Parenting Stress.” Panel Presentation at the Society for Research in Child Development Conference. Austin, TX. April 2017.
- 2017 Hajal NJ, Kiff C, Barrera W, Aralis H, Liang L, Mogil C, Milburn N, Paley B, & **Lester P.** “Parental Military Combat Exposure and Socio-emotional Adjustment in Early Childhood.” Panel presentation at the Society for Research in Child Development Conference. Austin, TX. April 2017.
- 2017 Wijesekera K, Emerson ND, Cortez MS, Alejos J, & **Lester P.** FOCUS for Pediatric Heart Transplant: A Trauma-Informed, Family-Centered, Resilience Enhancing Intervention. Presented at the International Society for Heart and Lung Transplantation (ISHLT) Annual Meeting. San Diego, CA. April 2017.
- 2017 Jeffrey J, Sinclair M, Semaan A, Grossman M, & **Lester P.** “Integration of a Web-Based Behavioral Health Assessment Platform within an Integrated Care Setting.” Institute for Healthcare Improvement International Forum on Quality and Safety in Healthcare, London, England, April 2017.
- 2017 Jeffrey J, Linonis R, Grossman M, **Lester P.** “Integration of a Web-based Behavioral Health Assessment Platform within UCLA Integrated Care Settings,” Presentation to Vizient Clinical Connections Summit and Innovative Technology Exchange, Denver, CO, September 13, 2017.
- 2017 Mogil C and **Lester P.** Resilience and Military Families. Child Maltreatment Solutions Network Conference, Penn State, September 2017.

- 2017 **Lester P** and Mogil C. Where We Are Now: An Update on Military Connected Children and Families. The State of the American Veteran. University of Southern California, September 2017.
- 2017 **Lester, P.** Military-Connected Families and Children: Translating Research into Practice & Policies. USC State of the American Veteran Conference, Los Angeles, CA. September 28, 2017.
- 2017 Jeffrey J, Sinclair M, Aralis H, Linonis R, Barrera W, Semaan A, Grossman M, & **Lester P.** “Acceptability and Results of Web-Based Behavioral Health Assessment Platform Implemented within a Primary Care Pediatric Integrated Care Clinic.” Poster to be presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, DC, October 2017.
- 2017 Ijadi-Maghsoodi R, Aralis H, Northcraft H, Marlotte L, **Lester P,** & Kataoka S. “Traumatic Stress, Safety, and Resilience: How Students are Doing in School.” Poster session presented at the annual American Academy of Child and Adolescent Psychiatry, Washington, DC, October 2017.
- 2017 Ijadi-Maghsoodi R. (chair), Karnik N, Milburn N, Miranda J, Marlotte L, **Lester P.** Working with vulnerable youth and families. Presented at the 64th American Academy of Child and Adolescent Psychiatry, Washington, DC. October 2017.
- 2017 Sinclair M, Jeffrey J, Aralis H, Barrera W, Grossman M, **Lester P.** Improving the quality of patient care by integrating a web-based behavioral health assessment and monitoring tool within a behavioral health care setting. Poster session presented at the annual meeting of the American Public Health Association, Atlanta, GA, November 2017.
- 2018 **Lester P.** Developing a Population Behavioral Health Approach within Systems of Care for Children and Families Affected by Trauma. International Association for Child and Adolescent Psychiatry and Allied Professions Annual Conference, Prague, 2018.
- 2018 **Lester P.** The Time Has Come: Trauma-informed Prevention and Systems of Care. Award talk at the 65th Annual American Academy of Child and Adolescent Psychiatry, Seattle Washington, 2018
- 2018 Babajide, A., **Lester, P.,** Jeffrey, J. Training Child Psychiatry Fellows in Pediatric Integrated Behavioral Health: An Examination of Key Rotation Components and Perceived Value by Trainees. American Academy of Child and Adolescent Psychiatry, Seattle, WA, October 2018.
- 2018 Santacrose DE, Sheehan K, Orellana B, **Lester P,** Sinclair M, Piacentini J. Fuertes Juntos: Bridging the Gap Promoting Resilient Parenting to Enhance Functional Outcomes. Poster session presented at the ABCT HIBT SIG Expo, November, 2018.
- 2018 Jeffrey J, Lin Y, Linonis R, Grossman M, **Lester P.** Using Technology to Increase Behavioral Health Screening within Primary Care. Poster session presented at the annual meeting of the American Public Health Association, San Diego, CA, November 2018.

- 2019 Ijadi-Maghsoodi R, Ryan G, Kataoka S, **Lester P**, Gelberg L. A Crisis of Our Own Making: Addressing the Pernicious Effect of Family Homelessness. In 66th Annual Meeting 2019 Oct 15. AACAP.
- 2019 Barish G, Aralis H, Elbogen E, **Lester P**. A Mobile App for Patients and Those Who Care About Them: A Case Study for Veterans with PTSD+ Anger. In Proceedings of the 13th EAI International Conference on Pervasive Computing Technologies for Healthcare 2019 May 20 (pp. 1-10). ACM.
- 2019 Fein E, Marlotte L, Ijadi-Maghsoodi R, **Lester P**, Morgan R, Kataoka S. Adapting and Implementing Trauma-Informed Resilience-Building Classes for Parents at Risk of Depression at Urban Public Schools. In 66th Annual Meeting 2019 Oct 15. AACAP.

BIBLIOGRAPHY:

RESEARCH PAPERS

A. RESEARCH PAPERS - PEER REVIEWED

1. **Lester P**, Partridge JC, Cooke M. Postnatal human immunodeficiency virus antibody testing: The effects of current policy on infant care and maternal informed consent. *West J Med.* 1992;156:371-375.
2. **Lester P**, Partridge JC, Chesney M, Cooke M. The consequences of positive perinatal HIV antibody test for women. *J of Acquired Immune Deficiency Syndromes and Human Retrovirology.* 1995;10:241-349.
3. **Lester P**, Chesney M, Cooke M, et al. When the time comes to talk about HIV: Factors associated with diagnostic disclosure and emotional distress in HIV infected children. *J of Acquired Immune Deficiency Syndromes and Human Retrovirology.* 2002;31:309-317.
4. **Lester P**, Chesney M, Cooke M, et al. Diagnostic disclosure to HIV-Infected children: how parents decide when and what to tell. *Clinical Child Psychology and Psychiatry.* 2002;7(1):85-99.
5. Lee MB, **Lester P**, Rotheram-Borus MJ. The relationship between adjustment of mothers with HIV and their adolescent daughters. *Clinical Child Psychology and Psychiatry.* 2002;7(1):71-84.
6. Leonard NR, **Lester P**, Rotheram-Borus MJ, Mattes K, Gwadz M, & Ferns B. Successful recruitment and retention of participants in behavioral longitudinal research. *AIDS Education and Prevention.* 2003;15(3):269-81.

7. **Lester P**, Wong S, Hendren R. The neurobiology of post traumatic stress disorder. *Adolescent Psychiatry*. 2003;27:259-182.
8. **Lester P**, Stein JA, & Bursch B. Developmental risk for somatization in adolescents of parents with AIDS. *Journal of Developmental and Behavioral Pediatrics*. 2003;24(4):242-50.
9. Rotheram-Borus MJ, Lee M, Lin YY, & **Lester P**. Six year intervention outcomes for adolescent children of parents with HIV. *Archives of Pediatrics & Adolescent Medicine*. 2004;158:742-748.
10. Rotheram-Borus MJ, **Lester P**, Lee MB, Wong PW, Shen Q. Custody plans among parents living with HIV. *Archives of Pediatrics & Adolescent Medicine*. 2004; 158:327-332.
11. Rotheram-Borus MJ, Flannery D, Lester P, Rice E. Prevention for HIV positive families. *J of Acquired Immune Deficiency Syndromes and Human Retrovirology*. 2004;37(Supp2): S133-S134.
12. Rotheram-Borus MJ, Flannery D, Rice E, **Lester P**. Families living with HIV. *AIDS Care*. 2005;17(8):978-87.
13. Rotheram-Borus MJ, Weiss R, Alber S, **Lester P**. Adolescent adjustment before and after HIV-related parental death. *J of Consulting and Clinical Psychology*. 2005;73(2):221-8.
14. Daley ML, Becker DF, Flaherty LT, Harper G, King RA, **Lester P**, et al. Case Study: The internet as a developmental tool in an adolescent boy with psychosis. *J of Am Acad Child Adolesc Psychiatry*. 2005;44(2):187-190.
15. May SJ, **Lester P**, Iliardi MB, & Rotheram-Borus MJ. Childbearing among adolescents of parents with HIV: base rates, predictors and interventions effects. *American Journal of Health Behavior*. 2006;30(1):72-84.
16. Rotheram-Borus MJ, **Lester P**, Stein J. Adolescent adjustment over six years in HIV-affected families. *Journal of Adolescent Health*. 2006;39(2):174-182.
17. Rotheram-Borus MJ, **Lester P**, Song J, et al. Intergenerational benefits of family-based HIV interventions. *Journal of Consulting and Clinical Psychology*. 2006;74(3):622-627.

18. **Lester P**, Rotheram-Borus MJ, Lee SJ, et al. Rates and predictors of anxiety and depressive disorders in adolescents of parents with HIV. *Vulnerable Children and Youth Studies*. 2006;1(1):81-101.
19. Stein JA, Rotheram-Borus MJ, **Lester P**. Impact of parentification on long-term outcomes among children of parents with HIV/AIDS. *Family Process*. 2007;46:317-333.
20. **Lester P**, Saltzman W, Vine V, Comulada WS, Goldstein R, Stuber M, Pynoos R. Current practice of family- based interventions for child traumatic stress. *Journal of Child and Adolescent Trauma*. 2008;1(1):47.
21. Bursch B, **Lester P**, Jiang L, Rotheram MJ, Weiss R. Psychosocial predictors of somatic symptoms in adolescents of parents with HIV: A six-year longitudinal study. *AIDS Care*. 2008;20(6):667-676.
22. Rice E, **Lester P**, Flook L, Green S, Valladeres ES, Rotheram-Borus MJ. Lessons learned from “integrating” intensive family-based interventions into medical care settings for mothers living with HIV/ AIDS and their adolescent children. *AIDS Behavior*. 2009;13(5):005-11.
23. Milburn N, Liang LJ, Lee SJ, Rotheram-Borus MJ, Rosenthal D, Mallet S, Lightfoot M, & **Lester P**. Who is doing well? A typology of newly homeless adolescents. *Journal of Community Psychology*. 2009;37(2):135-147.
24. Wu N, Slocum S, Comulada S, **Lester P**, Semaan A, Rotheram-Borus MJ. Adjustment of adolescents of parents living with HIV. *Journal of HIV/AIDS Prevention in Children and Youth*. 2008;9(1):34-51.
25. **Lester P**, Weiss RE, Rice E, Comulada S, Lord L, Albers S, Rotheram-Borus MJ. The longitudinal impact of HIV+ parents' drug use on their adolescent children. *American Journal of Orthopsychiatry*. 2009;79(1):51-59.
26. Rice E, Green S, Santos K, **Lester P**, & Rotheram-Borus MJ. A lifetime of low-risk behaviors among HIV-positive Latinas in Los Angeles. *Journal of Immigrant and Minority Health*. 2009. Epub, September 27.
27. Glover DA, Garica-Aracena EF, **Lester P**, Rice E, & Rotheram-Borus MJ. Stress biomarkers as outcomes for HIV+ prevention: Participation, feasibility and findings among HIV+ Latina and African-American mothers. *AIDS and Behavior*. 2010;14(2):339-350.
28. **Lester P**, Peterson K, Reeves J, et al. The long war and parental combat deployment: Effects on military children and at-home spouses. *Journal of*

the American Academy of Child and Adolescent Psychiatry. 2010;49(4): 310-320.

29. **Lester P**, Stein JA, Bursch B, et al. Family-based processes associated with adolescent distress, substance use and risky sexual behavior in families affected by maternal HIV. *Journal of Clinical Child and Adolescent Psychology*. 2010;39(3):328-340.
30. Mogil C, Paley B, Doud B, et al. **Lester P**. Families OverComing Under Stress (FOCUS) for early childhood: Building resilience for young children in high stress families. *Journal of Zero to Three*. 2010;31(1):10-16.
31. Nash WP, Vasterling J, Ewing-Cobbs L, Horn S, Gaskin T, Golden J, **Lester P**, et al. Consensus recommendations for common data elements for operational stress research and surveillance: Report of a federal, interagency working group. *Archives of Physical Medicine and Rehabilitation*. 2010;91(11):1673-1683.
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CHAPTERS

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ABSTRACTS

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39. **Lester P**. “Systemic Approaches to Thinking about Military Families.” Center for Innovation and Research Behavioral Health Colloquium, USC School of Social Work. 2012, Los Angeles, CA.
40. **Lester P**. “Family Centered Care for Military and Veteran Families.” USC Center for Innovation and Research Conference. 2012, San Diego, Ca.
41. **Lester P**. “The Impact of Parental Deployment on Adolescents.” Symposium Presentation at Naval Command Combat Operational Stress Control Conference. 2012, San Diego, CA.
42. **Lester P**. “Evaluation of a Family-Centered Program for Military Children and Families Facing Wartime Deployment.” Symposium Presentation for “Military Children-Behavioral Health Needs and Promising programs.” American Psychological Association Convention. 2012, Orlando, FL.
43. **Lester P**. “Reintegration Challenges: From War Zone to Homefront.” Presentation at Battlemind to Home III Conference: Military Family Research Institute. 2012, Purdue University.
44. **Lester P**. “Parental Wartime Deployment and Military Connected Children.” Presentation at “Military Child Education Coalition National Training Institute, 2012. Washington DC.
45. **Lester P**. “FOCUS Project: Impact on Children and Families” Symposium on Effective Programs. Center for Naval Analysis, SAMSHA, NICHD. 2012, Washington, DC.
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- presentation for “Beyond the Emotional Cycle of Deployment: Deeper Understanding of Family Reintegration.” American Psychological Association Convention. 2013, Honolulu, HI.
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 50. **Lester P,** & Saltzman W. “Enhancing Resilience and Mitigating Stress in Military Connected Couples: FOCUS Resiliency Training.” Symposium presentation for “Innovative Approaches to Building Resilience in Military Families.” American Psychological Association Convention. 2013, Honolulu, HI.
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 52. **Lester P.** “Impact of a Family-Centered Preventive Intervention on Military Children.” Symposium presentation for “Presidential Program—Promoting the Resilience of Military Children and Families through Effective Programs.” American Psychological Association Convention. 2013, Honolulu, HI.
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 55. Green S, **Lester P.** “Supporting Military Family Health: Understanding Primary Trauma Experiences of Military Spouses.” Poster presented to International Society for Traumatic Stress Studies (ISTSS) 29th Annual Meeting, 2013 (Nov. 7-9), Philadelphia, PA.
 56. Garcia E, Mogil C, & **Lester P.** “From Diapers to Military Duty: Serving Young Children in Military and Veteran Families”. Workshop presentation at Zero to Three’s 28th National Training Institute (NTI), 2013 (Dec. 11-14), San Antonio, TX.
 57. Green S, Nurius P, & **Lester P.** “Assessing Layered Stress and Buffering Resources Affecting Contemporary Military Families.” Presented at the 2014 Annual Conference of the Society for Social Work and Research, San Antonio, TX. January 15-19, 2014.

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59. Green S, Buchanan T, Mogil C, & **Lester P**. "Wilderness Retreat Programs: Therapeutic Landscapes for Military Families." This Land is Your Land Conference. September 20, 2014. Salt Lake City, Utah.
60. **Lester P**. "Translating Prevention Science into Practice: FOCUS Project." American Psychiatric Association Conference May 2014, New York City.
61. **Lester P**, Milburn N. "Enhancing Resilience and Recovery for Veterans and their Families through Integrated Family-Centered Behavioral Health Care." Invited presentation to RUSH University. Chicago, IL. March 2015.
62. **Lester P**. "UCLA Welcome Back Veterans Family Resilience Center: Innovations in Family Centered Behavioral Health Care for Veterans" Presentation for American Psychiatric Association. Toronto, ON. 2015
63. **Lester P**. Integration of Family-Centered Behavioral Health Care for Medically Ill Children and Their Families. In 62nd Annual Meeting. AACAP, October 2015.
64. **Lester P**. When a Parent Comes Home From War: Enhancing Resilience and Recovery for Veterans and Their Families. In *62nd Annual Meeting*. AACAP, October, 2015.
65. **Lester P**. "How Primary Care Settings Can Normalize Psychiatric Issues and Help Connect Patients to Care" Workshop Presentation for American Psychiatric Association. Toronto, ON. May, 2015.
66. Jeffrey J, Sinclair M, Linonis R, Grossman M, Forgey M, Hsiao T, Chiu W, **Lester P**. "Adoption of Web-Based Behavioral Health Assessment Platform within a Pediatric Collaborative Care Setting" American Academy of Child and Adolescent Psychiatry Annual Meeting, San Antonio, Texas, October 2015
67. Aralis H, Liang L, Sinclair M, Semaan A, Woodward K, **Lester P**, Milburn N. "Improved measurement of family functioning for military populations". Annual Meeting of the American Public Health Association, Chicago, IL, November, 2015.
68. Sinclair M, Aralis H, Semaan A, Liang L, Milburn N, Mogil C, Klosinski L, Linonis R, Jeffrey J, **Lester P**. "Implementation of an electronic data collection and management system for a family-centered preventive intervention." Annual meeting of the American Public Health Association, Chicago, IL, November, 2015.
69. **Lester P**. (2016, January). "Enhancing resilience and recovery for Veterans and their families through integrated family-centered behavioral health care." CME Talk for Child & Adolescent Psychiatric Society of Greater Washington. Washington D.C.
70. Garcia E, Wijesekera K, **Lester P**. (2016). "Integrating Family-Centered Prevention into Pediatric Medical Care Settings." An oral presentation at

- the National Latina/o Psychological Association (NPLA) Conference, Orlando, FL.
71. Wijesekera K, Bursch B, **Lester P.** “FOCUS for Pediatrics: A Trauma-Informed, Family-Centered, Resilience-Enhancing Intervention.” Poster presentation for the Society of Pediatric Psychology Annual Conference. Atlanta, GA. April 2016.
 72. **Lester P,** Skootsky S. HEE Common Cause: Mental Health and Addiction Panel. “UCLA Health: A model for integrated BH care”, May 13, 2016, Cleveland, OH.
 73. Jeffrey JJ, Grossman M, **Lester P.** “UCLA Health: Implementing an Integrated Behavioral Health Model”, Presented to Center for Medicare and Medicaid Services, San Diego, CA, June 17, 2016.
 74. Jeffrey J, Grossman M, **Lester P.** “UCLA Health: Implementing an Integrated Behavioral Health Model”, Presentation to Vizient Clinical Connections Summit and Innovative Technology Exchange, Dallas, TX, September 29, 2016, Dallas, TX.
 75. **Lester P.** “Service the Patient, Serve the Business: Providers Using CRM to Drive Engagement.” Presentation to Dreamforce 2016 Conference, San Francisco, CA. October 2016.
 76. Mogil C, **Lester P,** & Randhawa JK. “My Family and Me and Posttraumatic Stress Disorder: Applications of Evidence-Based Models to the Treatment of Military and Civilian Families with Young Children.” Clinical Perspectives presented at the American Academy of Child & Adolescent Psychiatry, New York, NY. October 2016
 77. **Lester P.** “What We Can Learn from Military Children and Families: Promoting Resiliency and Protecting Child Development.” Panel Presentation at National Academy of Science. Washington D.C. October 2016.
 78. **Lester P.** “Early Adversity in Childhood: Impact and Interventions for Addressing Childhood Trauma.” Conference Keynote at the 10th Kasr Al Ainy Annual International Psychiatry Congress. Cairo, Egypt. February 2017.
 79. **Lester P.** “Translating Research into Practice: A Program to Build Resilience in Children and Families.” Workshop presented to the 10th Kasr Al Ainy Annual International Psychiatry Congress. Cairo, Egypt. February 2017.
 80. Kataoka S, **Lester P,** Escudero P. “A Public Health Approach in Schools to Addressing Child Mental Health Disparities.” Panel Presentation at *The Way Forward: Advancing Mental Health Equity in California*. Center of Excellence Disparity Conference. UCLA, Los Angeles, CA. March 2017.
 81. Brandt A, Wijesekera K, **Lester P.** (2017). Building Resiliency in Families of Children with Medical Illness/Injury: A Case Example of the Families OverComing Under Stress (FOCUS) Model. A poster presentation at Society of Pediatric Psychology Annual Conference, Portland, OR.

82. Jeffrey J, Sinclair M, Semaan A, Grossman M, **Lester P.** “Integration of a Web-Based Behavioral Health Assessment Platform within an Integrated Care Setting.” Poster session presented at the International Forum on Quality and Safety in Healthcare, London, United Kingdom, April 2017.
83. Wijesekera K, Emerson ND, Cortez MS, Alejos J, **Lester P.** FOCUS for pediatric heart transplant: a trauma-informed, family-centered, resilience enhancing intervention. Poster session presented at the Annual Meeting of the International Society for Heart and Lung Transplantation, April 2017.
84. Hajal N, Kiff C, Barrera W, Aralis H, Liang L, Mogil C, Milburn N, Paley B, **Lester P.** Parental military combat exposure and socioemotional adjustment in early childhood. Presentation at Society for Research in Child Development, Austin, TX, April 2017.
85. Kiff C, Hajal N, Aralis H, Barrera W, Liang L, Mogil C, Paley P, Milburn N, **Lester P.** Preschooler adjustment in US military families: the impact of familial adversity and parenting stress. Presentation at Society for Research in Child Development, Austin, TX, April 2017.
86. Jeffrey J, Linonis R, Grossman M, **Lester P.** “Integration of a Web-based Behavioral Health Assessment Platform within UCLA Integrated Care Settings,” Presentation to Vizient Clinical Connections Summit and Innovative Technology Exchange, Denver, CO, September 13, 2017.
87. Mogil C and **Lester P.** Resilience and Military Families. Will be presented at the Child Maltreatment Solutions Network Conference, Penn State. September 28, 2017.
88. Jeffrey J, Sinclair M, Aralis H, Linonis R, Barrera W, Semaan A, Grossman M, & **Lester P.** “Acceptability and Results of Web-Based Behavioral Health Assessment Platform Implemented within a Primary Care Pediatric Integrated Care Clinic.” Poster to be presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, DC, October 2017.
89. Sinclair M, Jeffrey J, Aralis H, Barrera W, Grossman M, **Lester P.** “Improving the quality of patient care by integrating a web-based behavioral health assessment and monitoring tool within a behavioral health care setting.” Poster session to be presented at the annual meeting of the American Public Health Association, Atlanta, GA, November 2017.
90. Ijadi-Maghsoodi R., Aralis H, Northcraft H, Marlotte L, **Lester P.** & Kataoka S. “Traumatic Stress, Safety, and Resilience: How Students are Doing in School.” Poster session to be presented at the annual American Academy of Child and Adolescent Psychiatry, Washington, DC, October 2017.
91. Ijadi-Maghsoodi R. (chair), Karnik N, Milburn N, Miranda J, Marlotte L, **Lester P.** (2017). (Discussant) Working with vulnerable youth and families. Presented at the 64th American Academy of Child and Adolescent Psychiatry, Washington, DC.
92. **Lester, P.**, Jeffrey, J., Grossman, M., Linonis R. Integration of a Web-Based Behavioral Health Assessment Platform Within UCLA Integrated Care Settings. *The American Journal of Medical Quality*. Momentum: A

- Report on the 2017 Vizient Clinical Connections Summit. Vol 33, Issue 1_suppl, March/April 2018.
93. **Lester P.** Developing a Population Behavioral Health Approach within Systems of Care for Children and Families Affected by Trauma. International Association for Child and Adolescent Psychiatry and Allied Professions Annual Conference, Prague, 2018.
 94. **Lester P.** The Time Has Come: Trauma-informed Prevention and Systems of Care. Award talk at the 65th Annual American Academy of Child and Adolescent Psychiatry, Seattle Washington, 2018
 95. Babajide, A., **Lester, P.**, Jeffrey, J. Training Child Psychiatry Fellows in Pediatric Integrated Behavioral Health: An Examination of Key Rotation Components and Perceived Value by Trainees. American Academy of Child and Adolescent Psychiatry, Seattle, WA, October 2018.
 96. Ijadi-Maghsoodi R, Ryan G, Kataoka S, **Lester P**, Gelberg L. A Crisis of Our Own Making: Addressing the Pernicious Effect of Family Homelessness. In66th Annual Meeting 2019 Oct 15. AACAP.
 97. Barish G, Aralis H, Elbogen E, **Lester P**. A Mobile App for Patients and Those Who Care About Them: A Case Study for Veterans with PTSD+ Anger. InProceedings of the 13th EAI International Conference on Pervasive Computing Technologies for Healthcare 2019 May 20 (pp. 1-10). ACM.
 98. Fein E, Marlotte L, Ijadi-Maghsoodi R, **Lester P**, Morgan R, Kataoka S. Adapting and Implementing Trauma-Informed Resilience-Building Classes for Parents at Risk of Depression at Urban Public Schools. In66th Annual Meeting 2019 Oct 15. AACAP.